

It Takes Two to Build a Successful Relationship

Be our advertising partner in *Natural Awakenings'* February Enlightened Relationships Issue



natural awakenings

To advertise or participate in our next issue, call 704-499-3327

Tarot with a Twist

Karen Yoder and the Intuitive Arts

by Lisa Moore

After success in various professional fields and extensive international travel, Karen Yoder was guided to start a new career that was a departure from anything she had ever done. She became a tarot card reader.

A tarot deck is made up of 78 cards, each with a specific meaning relating to a particular life experience. In a reading, the cards are shuffled and laid out in a spread, or specific pattern where each position represents a particular aspect of life, such as “the recent past,” or “current emotions.” The reader then determines how the meaning of a card corresponds to the position it is in and explains to the client what the spread appears to be saying.

Accurately interpreting and relaying this information takes a great deal of skill. Yoder, owner of Tarot with a Twist, has developed her own spin on tarot reading and uses non-traditional decks, crystals, pendulums and alliance with spirit guides in her sessions. *Natural Awakenings* spoke with Yoder about her unique offerings.



You have an extremely varied professional background, including serving in the military and being employed in the insurance, retail and fitness industries. Working in the intuitive arts is a big departure from that. What led you to this work?

The truth is that the universe decided it was high time I listen to what it wanted me to do. I use the things I learned in all of the other sectors every day in my work. I've always just known, seen, heard and felt things, and that was shut down as a child. The universe called me back to the intuitive gifts that were given to me to share with others. I really had no choice, the universe closed the door on all of the other things I was doing.

I have the ability to connect with the other side (medium), discern health concerns (medical intuitive) and explore past lives (clairvoyant), but the

most efficient way for me to tap into all of that in a reading is through the tarot cards. Most readers typically receive their information in more than one way, yet tend to specialize in specific areas.

Tarot cards are used as a form of divination and are typically used to measure potential outcomes and evaluate influences surrounding a person or event. To someone unfamiliar with tarot, how would you explain its workings?

Tarot cards are one of many tools that allow us to access higher consciousness without interference from ego. Tarot readers have an energetic connection with the cards. The cards actually “speak” to the reader and each deck tells the story differently, as you and I would recount the same story differently. Tarot readers meditate with their deck as they are getting ready to understand it's stories.

Each deck is different with a different story to tell. The deck that wants to work with the querant tells me a lot about the current issues I will be discussing in the reading. For example, the art work in one of my decks is modeled after female super heroes and comic book characters. When I am guided to use that deck in a reading, I know the querant has been in a very serious state of mind and needs to make time to loosen up and have fun.

Your tarot sessions are unique because you incorporate the use of crystals and pendulums. Explain how these tools can enhance a reading.

In meditation before the session, I am guided as to which of my 25 pendulums I am to use. Each of them is different, they each have their own area of expertise. Then I am guided to the best deck for the reading, so I already have been guided in two very different ways as to the questions the querant will be bringing.

Then, with the pendulum, I am guided as to which crystals will be important to support the querant in their present circumstances. Money crystals will be called in for financial issues, and varying love crystals will be called upon for the myriad of issues that fall under the umbrella of love. So it's like getting a heads up memo, these are the issues this querant is facing today at this point in their journey. Often an additional deck is called in for the stories it brings to the reading for additional support. I am guided in the reading by the querants guides as well as my own.

You developed Cry-Pen-Ki Energy Sessions which combine the use of crystals, pendulums, reiki and shamanic practices. What kinds of results can be achieved with this practice?

Each energy session is as unique as the individual. Again, I am guided in meditation before the session as to what tools I will need to use. Even though I will not understand the specifics of the

issue until I am in session, I do get a heads up. I have one crystal that only works on sadness that is settled in the deepest recesses that is connected to deep disappointment and that is different than sadness due to loss. So, for me, simply color coding the crystal to the chakra isn't specific enough. I have a couple of very powerful crystals that work only on removal of energies, and when guided to those beforehand, it just gives me a tip that we will deal with that at some point in the session. I am also guided as to any specific follow-up the client will need in the days/weeks after the session.

What role does your intuition and connection to your spirit guides play in your work?

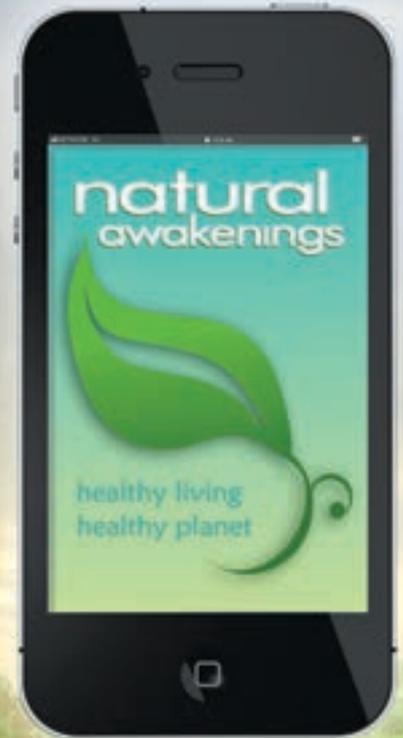
It is the key, the foundation, the corner stone. They work collaboratively with the spirit guides of the querant to help me understand the messages the querant needs to receive that day. They help me to feel what is going on in the client's body, they show me specific images, they tell me the best phrase to use and they download blocks of pertinent information. I am simply the conduit of communication and vessel of healing. It all comes through me, not from me.

There are numerous modalities in the intuitive arts arena, from energy healing to psychic readings to tarot and more. With so much to choose from out there, what advice would you give a newcomer on finding a practitioner with spiritual integrity?

Getting a referral from someone you know and trust is a great start, then read the bio and look at the photo. Contact them to hear their voice, feel their energy and get a sense of their style. Find someone you resonate with, someone who seeks to assist your search for clarity and empower you to know that all of your answers are inside of you.

For more information, visit TarotWithATwist.net

A
NEW
DAY
A
NEW
APP



Enjoy Natural Awakenings on the GO!

Your healthy living, healthy planet lifestyle app for the iPhone & iPad.

- NATIONAL DIRECTORY
find healthy/green businesses with directions
- THIS MONTH
all new content
- ARTICLE ARCHIVES
search thousands of topics by keyword
- HEALTHY KIDS
- NATURAL PETS
- EN ESPAÑOL
buscar articulos en Español

Search iTunes app store for "Natural Awakenings" and download our FREE app!